



**Green Health Thames Valley require  
TRUSTEES**

**To support the strategic direction of our Horticultural Therapy charity.**

### ***About us***

[Green Health Thames Valley](#) is a small charity that provides horticultural therapy support for people with mental health challenges. Operating in our small community garden in Whitley we now require trustees to help us set the strategic direction of the charity. We expect demand for our services to increase as more people struggle with mental health challenges as a consequence of Covid19.

### ***What are trustee's responsibilities?***

- Ensure the charity is carrying out its purposes for the public benefit
- Comply with the charity's governing document and the law
- Act in the charity's best interests
- Manage the charity's resources responsibly
- Act with reasonable care and skill
- Ensure the charity is accountable

### ***How much time and commitment is required?***

Trustees are expected to attend quarterly board meetings, which take place in the early evening for around 90 minutes. Trustees are also expected to take time to carefully review any shared papers ahead of these meetings, e.g. a finance report. Trustees may also take on additional duties, which may be specific to your expertise (e.g. the treasurer will review accounts), or more general, such as contributing to the development of a strategic document. There is a minimum time commitment of approximately 4 hours a month.

### ***About you***

We are particularly interested in hearing from people who have experience in mental health or general medical/health settings, and those from a marketing and fundraising background. Previous trustee experience isn't essential as training is available.

We welcome people from all walks of life with a diverse range of experiences and backgrounds, and look forward to hearing what relevant experiences you may be able to bring to GHTV.

### ***How to apply***

If you are interested in becoming a trustee, please send a CV and cover letter outlining how you might contribute to shaping our future to [info@greenhealththamesvalley.org.uk](mailto:info@greenhealththamesvalley.org.uk)

For an informal discussion please contact our Chair, Richard Byard on 07973 364001.

*Providing horticultural therapy to support mental health*  
**Charity number; 1173640**